



COVID-19 Symptoms and Isolation

Quick Guide

This guidance has been taken from the Government publications below.

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/>

If you are given different advice by a medical professional or the Test and Trace system, then contact the school to discuss next steps.

What do I do if...	Required actions	Your child(ren) can return to school when...
My child has one of more of the Covid-19 symptoms <ul style="list-style-type: none"> • New continuous cough • High temperature • A loss of, or change in, sense of smell or taste 	<ul style="list-style-type: none"> - Do not send your child(ren) to school - Contact school to inform us - Self-isolate the whole household (including siblings) - Get a test - Inform school immediately about the test result 	The test comes back negative or A period of 10 days has passed since the symptoms started, and your child no longer has a temperature (cough and changed/loss of sense of smell and taste may last for several weeks after the infection has gone)
My child tests negative	<ul style="list-style-type: none"> - Contact school to inform us - Child(ren) should return to school asap 	The test comes back negative
My child tests positive for Covid-19	<ul style="list-style-type: none"> - Do not send your child(ren) to school - Contact school and agree date for possible return (minimum of 10 days since test was taken) - Self-isolate the whole household for 14 days - Log into the Test and Trace website and provide information about recent close contacts 	10 days have passed since the test was taken and the child no longer has a temperature
My child has symptoms not linked to Covid-19 and is too unwell to come to school	<ul style="list-style-type: none"> - Do not send your child to school - Contact school to inform us - Ring on each day of absence 	They are well enough. If suffering from a gastro illness, after 48 hours following the last bout of vomiting or diarrhoea
One of my children has been sent home due to a Covid-19 outbreak in their school bubble	<ul style="list-style-type: none"> - Child sent home must self-isolate for 14 days - Support your child at home with remote education provided by the school - Other siblings not in the same school bubble may continue to attend school - If the child develops symptoms during the isolation period then the 10-day isolation must restart from this point and your whole household must self-isolate 	School informs you that the bubble will be reopened (usually after 14 days)
Someone in my household has Covid-19 symptoms	<ul style="list-style-type: none"> - Do not send your child(ren) to school - Contact school to inform us - Support your child(ren) at home with remote education provided by the school - Self-isolate the whole household - Person with symptoms to get a test - Inform school immediately about test result 	The test comes back negative

What do I do if...	Required actions	Your child(ren) can return to school when...
Someone in my household tests positive for Covid-19	<ul style="list-style-type: none"> - Do not send your child(ren) to school - Contact school and agree date for possible return (14 days since test was taken) - Support your child(ren) at home with remote education provided by the school - Self-isolate the whole household for 14 days - If the child develops symptoms during the isolation period then the 10-day isolation must restart from this point 	The child(ren) has completed 14 days of isolation and does not have symptoms
I am unable to get a test for someone in the household who has symptoms	<ul style="list-style-type: none"> - Do not send your child(ren) to school - If you are not able to get a test then the whole household must stay at home and self-isolate for 14 days. Please note anyone in your support bubble must also stay at home. - Support your child(ren) at home with remote education provided by the school 	The child(ren) has completed 14 days of isolation and does not have symptoms
NHS test and trace has identified my child as a close contact of somebody with symptoms or confirmed Covid-19	<ul style="list-style-type: none"> - Do not send your child to school - Contact school and agree date for possible return (14 days since test was taken) - Support your child at home with remote education provided by the school - If the child develops symptoms during the isolation period then the 10-day isolation must restart from this point and your whole household must self-isolate 	The child has completed 14 days of isolation and does not have symptoms
NHS test and trace has identified a household member (other than my child) as a close contact of somebody with Covid-19	<ul style="list-style-type: none"> - The individual household member must self-isolate for 14 days - Other people in the household do not need to self-isolate, unless the individual household member develops symptoms 	Child can continue to attend school, unless the individual household member develops symptoms, in which case the whole household will need to self-isolate
My child has travelled abroad	<ul style="list-style-type: none"> - Check the list of exempt countries - If the destination your child has travelled to is not on the list then they must quarantine for 14 days and not come to school. Contact to the school to inform us. - If the child develops symptoms during the isolation period then the 10-day isolation must restart from this point and your whole household must self-isolate - If the destination is on the list then there is no need to quarantine 	The child has completed the quarantine period of 14 days (where required) and does not have symptoms
Someone else in our household has travelled from a destination requiring quarantine, but my child didn't travel	<ul style="list-style-type: none"> - As long as no one in the household has symptoms, then your child can come to school as normal. - The person who has travelled must not leave the house, including to do pick-ups and drop offs 	Child can continue to attend school, as long as no one in the household has symptoms
We have received medical advice that my child must shield	<ul style="list-style-type: none"> - Do not send your child to school - Contact school to inform us - Shield until you are informed that restrictions are lifted and shielding is paused again - Support your child at home with remote education provided by the school 	<p>School inform you that restrictions have been lifted and your child can return to school again</p> <p>You receive medical advice that your child may return to school</p>