



“The foodbank was there when we really needed it, it was an absolute lifeline.”

We don't think anyone in our community should have to face going hungry. That's why we provide a week's worth of nutritionally balanced emergency food and support to local people who are referred to us in crisis. We are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK.
(Lewisham Food Bank Online)

We know that the current COVID19 situation is extremely difficult and challenging, and so if you need any extra help or support in accessing and providing food, we can help.

Lewisham's runs out of the Hope Centre, Malham Road, Forest Hill

You can find more information here:

<https://lewisham.foodbank.org.uk/get-help/>

Or call: 0808 208 2138

Alternatively, please get in contact with us as a school and we can refer you:

Email: Mr Lawrence (Assistant Head) at lawrencen@bp.Lewisham.sch.uk

A TYPICAL FOOD PARCEL INCLUDES:

- Breakfast cereals
- Soup
- Pasta/Rice/Noodles
- Long-Life milk
- Long-Life fruit juice
- Pasta sauce
- Tinned beans
- Tinned meat
- Tinned vegetables
- Tinned fruit
- Tea/coffee/hot chocolate
- Biscuits
- Snacks
- Toilet paper

Extra items added to food parcels may include nappies, sugar, toiletries, cleaning products and special treats.

