



The Bonus Pastor Charter... From Home!



More than just exam results - Be the Best!

Across the Curriculum:

1. Virtually Visit an Art Gallery or Exhibition
2. Virtually Visit a Museum or Historical Site
3. Virtually Visit the Houses of Parliament in London
4. Write a letter to your local MP
5. Research a Historical Event:
6. Write a 500-word short story
7. Achieve Bronze Award in the Library Reading Challenge
8. Achieve Silver or Gold Award in the Library Reading Challenge
9. Learn a new language or practise an existing one
10. Learn a new creative skill like animation, photography or design

House System: Participate in:

11. Complete all House Google Classroom Activities:
12. Achieve 300 House Points in 1 year
13. An Inter House Challenge Online e.g. Chess or Oware
14. Write a House Quiz
15. 1 House social activity e.g. film night, board game café etc.
16. Act as a leader at home

Citizenship

17. Learn Sign Language
18. Cook a meal for your family
19. Help complete 5 jobs/chores at home for your family
20. Plan an assembly for your House or Year
21. Complete Anti Bullying Ambassador Training
22. Write an article for Pastoral or the School Website

Sport:

23. Play sport with a sibling/family member for 3 hours
24. Complete 1 sporting activity for 1 hour a week every week
25. Complete an additional 1 hour of sporting activity per week for a different sport
26. Complete your own Mini Olympics!

Faith in Action:

27. Design and Decorate your favourite Bible verse or piece of scripture as a piece of artwork
28. Join the 'Faith in Action' Google Classroom
29. Do a random small act of kindness
30. Write your own prayer and post it in your Tutor Google Classroom
31. Learn and practise performing a worship song which could be performed when next in school
32. Write a short script for a piece of drama which can be performed either depicting a Biblical scene in a modern light

Trips and Residential:

33. Visit 1 new place a week through Google Street View:
34. Complete Bronze Duke of Edinburgh volunteering, skills and physical sections
35. Complete the Silver Duke of Edinburgh volunteering, skills and physical sections
36. Visit 5 different places through Google Street View

Music and Drama:

37. Watch a play / theatre production
38. Learn to play / practise an instrument
39. Make a video of yourself performing 3 pieces of music
40. Make a video of yourself performing another skill other than music, singing or drama e.g. Dancing, Sporting Skills, Technical Skills

Beyond Bonus:

41. Achieve the First Aid / CPR Award
42. Complete a BPMVP (Bonus Pastor Micro Volunteering Project)
43. Complete an employability short course
44. Watch 1 TED Talk per week
45. Complete an Online University Short Course
46. Discover more about University and attend a Virtual Uni Tour

To complete the **Bonus Pastor Charter At Home** you need to complete **at least 10 tasks** from the list.

Additionally, to gain the **Bronze, Silver or Gold** awards you will need to complete **15, 20, 25 respectively**

Some of these will also tick off and count towards your regular BP Charter

During these unusual, and strange times...yes we all have school work and lessons that we need to be doing, but also, just like in school, it's good to be doing things other than just our lessons, to broaden our mind to new things, experiences, ideas and activities, and with all of this new found time this could be a great opportunity for you to try something new...Hence the BP Charter...From Home!

Work your way through as many as you can over the coming weeks and months, and email the activities to Mr Lawrence, (lawrencen@bp.lewisham.sch.uk) who will then record your achievements and awards will be presented upon our return to school. (And these are particularly good for showing your "independence" skills to colleges, 6th forms, universities and employers.

Alongside this many of these can count towards your BP Charter - and Mr Lawrence will update your Charter with these as you send him in your activities.

Across the Curriculum:

1. Visit an Art Gallery or Exhibition: Visit one of the following and write 250 words summarising what you learnt and what you found most interesting from your tour:
The Tate Modern: <https://www.tate.org.uk/art/360-video/grimshaw>
The National Portrait Gallery: <https://www.npg.org.uk/visit/360-gallery-views/>
The National Gallery: <https://www.nationalgallery.org.uk/visiting/virtual-tours/google-virtual-tour>
2. Visit a Museum or Historical Site: Visit one of the following, and write 300-500 words summarising what you learnt from your tour, and 3 most interesting things that you discovered.
The British Museum: <https://artsandculture.google.com/partner/the-british-museum>
The Natural History Museum: <https://artsandculture.google.com/partner/natural-history-museum>
The Vatican Museum: <http://www.museivaticani.va/content/museivaticani/en/collezioni/musei/tour-virtuali-elenco.html>
The Science Museum: <https://artsandculture.google.com/partner/science-museum>
3. Visit the Houses of Parliament in London by visiting <https://www.parliament.uk/visiting/virtualtour/> and write a 10 question quiz from information that you learned from your tour, and submit it with your answers to Mr Lawrence.
4. Write a letter or email to your local MP about an issue that you feel strongly about: Visit <https://members.parliament.uk/members/Commons> and search for your MP by your postcode. Then send them an email about an issue that you feel strongly about. If emailing, copy in Mr Lawrence, if sending a letter take a photo of it and email it to Mr Lawrence.
5. Research a Historical Event: Visit Google Events and submit a 300-500 word short essay summarising the event you have researched, what happened, and how it might be relevant to modern day life / what we could learn from it <https://artsandculture.google.com/category/event>
6. Write a 500 word short story: Write your own 500 word short story about anything you like! Maybe even enter the BBC Radio 2 competition next year with it. For help, guidance, videos and inspiration from previous year's winners see <https://www.bbc.co.uk/programmes/p00rfvk1>
7. Achieve Bronze Award in the Library Reading Challenge: Read 3 different books, and write a book review persuading other people to read them. You can use your SORA account (access it via Google, the grid in the top right where you find Google Classroom) or Lewisham libraries to access E-books, magazines and more at <https://lewisham.gov.uk/myservices/libraries/elibrary> or <https://openlibrary.org> or <https://www.worldbookonline.com/wb/views/login/freeTrial.jsp>
Alternative listen for free at <https://stories.audible.com/start-listen>

8. Achieve Silver or Gold Award in the Library Reading Challenge: Read 5 (Silver) and 8 books (Gold) and write a review of each one persuading other people to read them
9. Learn a new language: Visit Duolingo and learn a new language like Japanese, Mandarin, Welsh, Latin and much more!
10. Learn a new skill: Check out <https://www.skillshare.com/> for loads of free videos and tutorials about learning new creative skills

House System: Participate in:

11. Complete all House Activities sent out via your tutor group on Google Classroom
12. Achieve 300 House Points in 1 year: You can keep earning house points by completing all of your work set and completing house activities.
13. Play either Chess or Oware online: Chess at: <https://www.mathsisfun.com/games/chess.html> Or Oware at: <http://www.ludoteka.com/games?game=oware&hizk=en>
14. Write a House Quiz: Write a quiz with 5 rounds that can be sent (with the answers) to your HOH to send out to the rest of your House via Google Classroom
15. 1 House social activity e.g. film night, board game café etc: Invite between 3 and 5 people within your school house (e.g. Barton, Clitherow etc) to an online film night and all watch the same film, at the same time, and review it together? Or an online game that you can all play? Challenge: Find 1 person from each of the school houses to get involved. Write a 200 word summary of what you did and with whom and send to Mr Lawrence.
16. Act as a leader at home: Teach someone something which you know but they don't for 5 hours. Maybe you could teach a younger brother or sister some of their school work? Or teach someone a new skill that you can do like a certain game, a language or musical instrument? Or maybe even teach a parent/guardian some of the work that you have been completing! Get them to write a short summary of what you have taught them, sign the bottom of it and send the photo to Mr Lawrence.

Citizenship

17. Learn sign language: Check out <https://www.british-sign.co.uk/learn-online-british-sign-language-course/> or just YouTube for video tutorials
18. Cook a meal for your family: Cook a meal for your family and submit a photo of it to Mr Lawrence. Check out <https://www.bbc.co.uk/food> and <https://www.deliaonline.com/learn-to-cook> for recipes and video tutorials. Maybe even host your own Ready Steady Cook or Bake Off competition!
19. Help complete 5 jobs/chores at home for your family: You all may do jobs / chores around the house already, so complete 5 extra ones above what you normally do, and submit a photo of each one to Mr Lawrence
20. Plan an assembly to your House or Year: Either by yourself or in a group (online of course!) plan an assembly on any topic that you could give to your House or Year group when we return back to school. Maybe it could be a powerpoint on a topic? Or a short drama skit? Or write a script of what you would speak about?
21. Complete Anti Bullying Ambassador Training: Visit <https://www.anti-bullyingalliance.org.uk/all-modules> and complete as many training modules as you can. Once complete download the certificate and send it to Mr Lawrence and Miss Stevenson.
22. Write an article for Pastoral or the School Website: Again on any topic you like, submit it to Mr Lawrence and we'll get it uploaded onto the school website!

Sport:

23. Play sport with a younger sibling for 5 hours: Either during 1 week, or over different weeks.
24. Complete 1 sporting activity for 1 hour a week every week for 5 weeks: Maybe get involved in the Joe Wicks exercise PE Lessons (Just Youtube Jo Wicks PE) or go out for a run, or on your bike. Download a fitness tracker app like Google FIT, Strava, RunKeeper or My Fitness, use it to record your activity and take a screenshot of your activity after each one.
25. Complete an additional 1 hour of sporting activity per week for 5 weeks for a different sport: Again download a fitness tracker app, take a screenshot after each activity!
26. Hold your own Mini Olympics! Whilst Tokyo 2020 may have been cancelled, can you hold your own mini Olympics using what you have at home/garden? Take a photo of your completing different activities.

Faith in Action:

27. Design and Decorate your favourite Bible verse or piece of scripture as a piece of artwork: Take your favourite Bible verse and either draw, paint or use computer software to make it as decorative as you can.
28. Join the Faith in Action Google Classroom, and complete a series of activities from there: Code to use is: w4w2mx7
29. Do a random small act of kindness to someone without them knowing: Do something nice and kind without telling the person, maybe make breakfast in bed for your parents, do a household chore without being asked and without saying that you did it, order a small present for someone to be delivered to their house without saying who it's from. For ideas check out the Red Cross's Kindness Calendar here <https://www.redcross.org.uk/get-involved/teaching-resources/kindness-calendar##>
30. Write your own prayer and post it in your Tutor Google Classroom:
31. Learn and practise performing a worship song which could be performed when next in school in either an assembly or a liturgy / Mass.
32. Write a short script for a piece of drama which can be performed either depicting a Biblical scene in a modern light

Trips and Residential:

33. Visit 1 new place through Google Street View: <https://artsandculture.google.com/project/street-view> or <https://www.theguardian.com/travel/2020/mar/30/10-best-virtual-tour-worlds-most-famous-landmarks> and write a 200 word review summarising what you found most interesting about that place
34. Complete Bronze Duke of Edinburgh volunteering, skills and physical sections: If you are doing your Bronze DofE continue to work through your skill and physical sections and continue to upload photos to E-DofE.
35. Complete the Silver Duke of Edinburgh volunteering, skills and physical sections: If you have completed your Bronze DofE and are thinking of doing Silver, ask Mr Lawrence to sign you up, and try to complete your physical and skill sections at home now!
36. Visit 5 different places through Google Street View or <https://www.theguardian.com/travel/2020/mar/30/10-best-virtual-tour-worlds-most-famous-landmarks>: Write a flyer / brochure / poster or website persuading tourists to visit those places.

Music and Drama:

37. Watch a play / production. Watch a play and write a 250 word critique of whether you liked it or not and why. There are lots of free theatre plays online at https://www.whatsonstage.com/london-theatre/news/stage-shows-musicals-opera-free-stream-online_51198.html or alternatively You can rent a theatre play from the National Theatre online (prices for 1 play range between £5 and £8 per play, or a month's subscription is £8) <https://www.ntathome.com/products>. From Monday the 11th January you can also stream their Pantomine Dick Whittington. Alternatively American theatres on Broadway are offering a collective monthly subscription at \$8:99 after a free trial, and can be found <https://www.broadwayhd.com/subscription>. If you choose to subscribe and pay, please check with an adult / the bill payer, and make sure you cancel your subscription when you are no longer using it!
38. Learn to play / practise an instrument: Maybe you've never learnt an instrument, or just haven't practised in a while, well now is your chance! Use <https://www.joytunes.com/blog/music-fun/16-resources-for-learning-an-instrument-on-your-own/> to help you start to learn, or if you already play learn a new song / piece of music.
39. Make a video of you performing 3 pieces of music
40. Make a video of you performing another skill other than music, singing or drama e.g. Dancing, Sporting Skills, Technical Skills

Beyond Bonus: *(These look great on your CV / College applications!)*

41. Achieve the First Aid / CPR Award: Use the following 2 websites to help you learn some basic first aid. If completing the first aid free course download the certificate and send to Mr Lawrence. <https://www.sja.org.uk/get-advice/free-first-aid-app/> or <https://www.firstaidforfree.com/free-online-first-aid-courses/>
<https://www.bhf.org.uk/how-you-can-help/how-to-save-a-life/how-to-do-cpr/cpr-training-videos>
42. Complete a BPMVP (Bonus Pastor Micro Volunteering Project): Fancy volunteering for Citizen Projects by counting animals in the wild? Mapping unmapped places for The Red Cross, counting stars in space or drawing cells from microscope pictures...See <https://www.zooniverse.org/projects> or for more details email Ms Hill at hillr@bp.lewisham.sch.uk
43. Complete an employability short course: Learn to write your CV or practise your interview skills with the following website: <https://s2sacademy.com/> You'll need to use this code to help you gain access **DWISL1**
44. Watch 1 TED Talk on any topic you like: Write a short 300-500 word summary of their key points and a conclusion of whether you agree with them or not and why <https://www.ted.com/talks>
45. Complete an Online University Short Course: Visit <https://www.futurelearn.com/courses> and choose any of the free courses for you to participate in and complete!
46. Discover more about University! Visit UCAS's virtual tour and visit some university's to find out more about them <https://www.ucas.com/undergraduate/what-and-where-study/open-days-and-events/virtual-tours> or Visit the Brilliant Club link to watch videos about what university life is like, how to apply, where you live and what you can study, and why not even have a university masterclass whilst you're there! <https://thebrilliantclub.org/the-brilliant-club-for-pupils/info-for-pupils/>